

# With Myofascial Release, Your Body Heals Itself – Naturally

At Body Resonance Myofascial Wellness Center, we will help facilitate your body's natural healing ability—safely, gently, effectively.

Allows authentic, truly long-lasting healing

- **Improves ability to focus**

Allows physical, emotional and mental balance

- **Improves quality of sleep**

Eliminates pain, allowing for a more active lifestyle

- **Improves nerve function**

Increases mobility, flexibility, and energy levels

- **Improves postural alignment dramatically**



Feel straight, focused, energetic,  
peaceful and alive in your own body!



Schedule Your Appointment Now!

702.776.8881

Get treated by expert and advanced level John F. Barnes Myofascial Release therapists:  
**Rowena Cua, LMT, NCTMB and Dr. Rosemarie Cua-DeLeon, PT, DPT**

5463 S. Durango Drive, Ste 120/E (Between Russell & Hacienda) • [BodyMFR.com](http://BodyMFR.com)